These statistics cover individual track and field events, plus the marathon, for which national championships have been staged. Medallists are only shown if they were Belgravians at the time of the event (i.e. not it if they were medallists before or after their membership).

In 1866 the Amateur Athletic Club (AAC) held the first athletic meeting recognised as a national championships and continued to do so up until and including 1879, when London Athletic Club also staged their own national championships. The AAC was superseded by Amateur Athletic Association (AAA), formed in 1880, and under this association's auspices the national championships were held through to 2006.

These championships were open to foreign competitors until 1995 and also in 1997. In 1996 and from 1998 onwards only UK nationals were allowed to compete, with the exception of the 10,000 metres and marathon.

Between 1977 and 1993, and in 1997, UK Championships were additionally held for British athletes only but they were held early in the year and did not necessarily attract all the top home talent. They were not regarded as the 'national' championships; but to give a complete picture we have shown Belgrave medallists in these UK Championships after the detail for the AAA & British Championships.

From 2007 to date the national championships have been styled the UK Championships or British Championships and incorporate the Trials for any subsequent global competition.

With the exception of the steeplechase (which became metric in 1954), running race distances were changed from imperial to metric distances in 1969. We have shown the imperial distance first to maintain a chronological order of results.

For race walking, for much of the championship history, there was a short walk (2 miles changing to 3,000 metres) and a long walk (originally 7 miles, then 4 miles, reverting to 7 miles and then changing to 10,000 metres). However, in 2001 both walks were replaced by a single event (5,000 metres). Once again, we have shown the various distances for a championship in the chronological order in which they were held.

No championships were held between 1915 and 1918, and between 1940 and 1945.

100 yards (1866-1968)
No Belgrave medallists.

100 metres (since 1969)

1978	3	Ernest Obeng GHA	10.67	-1.0
1981	2	Ernest Obeng GHA	10.27	0.0
1985	1	Ernest Obeng GBR	10.44	-1.4
1987	2	John Regis	10.37	0.6
1988	2	John Regis	10.31	1.3
1989	2	Marcus Adam	10.34	-0.7
	3	John Regis	10.39	
1991	2	John Regis	10.22	0.3
1992	3	Marcus Adam	10.36	-0.4
1993	3	John Regis	10.32	1.0
1998	1	Darren Campbell	10.22	-1.7
	2	Dwain Chambers	10.23	
1999	2	Dwain Chambers	10.07 w	2.3
	3	Darren Campbell	10.18 w	
2000	1	Dwain Chambers	10.11	-0.8
	2	Darren Campbell	10.12	
2001	1	Dwain Chambers	10.01	1.7
2008	1	Dwain Chambers	10.00	1.6
2009	2	Dwain Chambers	10.22	-1.8
2010	1	Dwain Chambers	10.14	-0.6
2011	1	Dwain Chambers	10.09	1.2
2012	1	Dwain Chambers	10.25	-0.1
2013	1	Dwain Chambers	10.04	1.9
2014	1	Dwain Chambers	10.12	0.3

In 2003 Dwain Chambers was originally placed 1st in 10.08 /-1.6 but was later disqualified for a doping violation.

UK Champs:

1985	2	John Regis	10.5	0.8
1987	3	Marcus Adam	0.61	0.4
1988	1	John Regis	10.65	-1.9
1989	1	Marcus Adam	10.31	1.3
1992	3	Marcus Adam	10.63	-2.2
1997	2	Darren Campbell	10.29	-1.4
	3	Dwain Chambers	10.42	

220 yards (1902-1968)
No Belgrave medallists.

200 metres (since 1969)

1986	1	John Regis	20.41	1.4
1987	1	John Regis	20.25	1.5
1988	2	John Regis	20.56	-1.5
1989	1	Marcus Adam	20.78	-2.5
1990	1	John Regis	20.28	1.4
1992	1	John Regis	20.27	-1.5
1994	2	Philip Goedluck	20.83 w	3.2
1995	1	John Regis	20.37	0.3
1996	1	John Regis	20.54	-0.5
2000	1	Darren Campbell	20.49	-1.2
2001	3	Dwain Chambers	20.65	0.6
2002	2	Darren Campbell	20.26 w	2.2
2004	1	Christopher Lambert	20.94	-0.3
2005	3	Christopher Lambert	21.37	-1.4

UK Champs:

1985	=1	John Regis	21.59	-2.4
1986	1	John Regis	21.34	-3.2
1989	1	Marcus Adam	20.37 w	2.3
1991	1	John Regis	21.24	-3.5
1992	1	Marcus Adam	20.75	-2.5
1993	1	John Regis	20.21 w	2.5

440 yards (1866-1968)

1939	2	Eddie Pack	49.4

400 metres (since 1969)

1994	2	Du'aine Ladejo	45.36
1996	2	Du'aine Ladejo	44.66
1997	3	David Nolan	47.35
2000	2	Sean Baldock	45.71
2002	2	Sean Baldock	45.84
2003	2	Du'aine Ladejo	45.93
2004	1	Timothy Benjamin	45.58
	3	Sean Baldock	46.24
2005	1	Timothy Benjamin	45.52
2006	1	Timothy Benjamin	46.00
2009	3	Set Osho	46.71

UK Champs:

1993	1	Du'aine Ladejo	46.14

880 yards (1866-1968)

1932	3	Thomas Scrimshaw	1:58.2
1933	2	Thomas Scrimshaw	1:54.5

800 metres (since 1969)

1998	1	Jason Lobo	1:49.68
1999	2	Jason Lobo	1:48.69
2001	1	Neil Speaight	1:49.63
2002	2	Neil Speaight	1:50.71
2005	1	Timothy Bayley	1:48.54
2006	3	Timothy Bayley	1:47.98

UK Champs:

1987	1	John Gladwin	1:47.66

1 mile (1866-1968 & 1980)

1947	3	William Nankeville	4:18.8
1948	1	William Nankeville	4:14.2

1,500 metres (since 1969 except 1980)

1986	1	John Gladwin	3:35.93
1987	3	John Gladwin	3:42.14
1998	3	Matthew Yates	3:40.38
2006	3	Neil Speaight	3:43.17

UK Champs:

1983	1	John Gladwin	3:45.09
1985	3	Gary Staines	3:44.22
1986	2	John Gladwin	3:36.28
1997	3	Matthew Yates	3:40.66

4 miles (1866-1931)

No Belgrave medallists.

3 miles (1932-1968)

1937	3	Jack Parker	14:32.0
1947	3	George Lucas	14:30
1948	3	William Lucas	14:21

5.000 metres (since 1969)

1987	2	Gary Staines	13:30.53
1988	2	Gary Staines	13:51.33
1989	3	Gary Staines	13:34.83
1990	3	Gary Staines	13:36.11
1993	2	Gary Staines	13:37.08
1994	2	Darren Mead	13:54.08
2001	3	Mark Miles	13:53.74
2004	2	Spencer Barden	13:51.41
2005	2	Mark Miles	13:58.18

6 miles (1932-1968)

1934	2	Arthur Penny	30:43.8 + 60-80 yds
1947	3	Charlie Smart	30:51.0

10,000 metres (since 1969)

1989	3	Gary Staines	28:17.54
1992	3	Paul Evans	28:13.71
1993	1	Paul Evans	28:17.49
1995	1	Gary Staines	28:49.29
1996	3	Paul Evans	28:28.31
1999	1	Paul Evans	28:34.62
2004	2	Kassa Tadesse	29:22.20
	3	Mark Miles	29:27.05

UK Champs:

1988	3	Gary Staines	28:12.93

10 miles (1879 LAC, 1880-1972 excluding 1948-1957)

1936	3	C.T."Tom" Carter	52:40.2
1938	3	Arthur Penny	52:52.0
1939	3	C.T."Tom" Carter	52:54.0
1962	3	Gerald A. North	48:38.2
1965	3	Gerald A. North	50:09.8

Marathon (since 1925)

1996	3	Paul Evans	2:10:40
1997	1	Paul Evans	2:09:18
2005	3	Kassa Tadesse	2:15:09

In 2013, in the race which incorporated the championship, Phil Wicks placed 3rd in 2:19:07 but was not actually entered in the championship.

Steeplechase (1879 LAC, 1880-1912)
No Belgrave medallists.

The Championship was run over a variety of distances and number of hurdles.

2 miles Steeplechase (1913-1953)

1935	2	James Ginty	10:29.8
1936	2	James Ginty	10:25.2

3,000 metres Steeplechase (since 1954)

1972	2	John Bicourt	8:34.72
1973	2	John Bicourt	8:32.29
1975	3	John Bicourt	8:34.94
1993	3	Justin Chaston	8:34.64
1994	1	Justin Chaston	8:28.28
1996	1	Justin Chaston	8:29.19
2000	2	Justin Chaston	8:32.21
2003	2	Kevin Nash	8:41.17
2004	1	Justin Chaston	8:33.69

UK Champs:

1993	2	Justin Chaston	8:32.79

120 yards Hurdles (1866-1968)
No Belgrave medallists.

110 metre Hurdles (since 1969)

1995	1	Neil Owen	13.63	-0.3
1996	3	Andrew Tulloch	13.70	-0.1
2004	3	William Sharman	13.97	-1.5
2006	2	William Sharman	13.45 w	2.7
2007	3	William Sharman	13.98	-0.3
2008	3	William Sharman	13.84	0.4
2010	1	William Sharman	13.45	-0.4
2011	3	William Sharman	13.77	-0.8
2013	1	William Sharman	13.44	0.0
2014	1	William Sharman	13.18 w	2.4

UK Champs:

1997	3	Andrew Tulloch	13.85	-1.8

220 yards Hurdles (1952-1962)

1955	3	Dennis Merrett	24.7

440 yards Hurdles (1914-1968)

1949	3	Gervais Jarvis	56.7

400 metre Hurdles (since 1969)

1992	3	Max Robertson	50.46
1996	1	Jon Ridgeon	49.16
1997	3	Matthew Douglas	51.70
1998	3	Christopher Rawlinson	50.20
1999	1	Christopher Rawlinson	49.62
2000	1	Christopher Rawlinson	48.95
	3	Matthew Douglas	49.89
2001	1	Christopher Rawlinson	48.68
	2	Du'aine Ladejo	49.44
2003	2	Matthew Douglas	49.41
2006	3	Matt Douglas	50.09

UK Champs:

1992	2	Max Robertson	50.13
1997	1	Chris Rawlinson	49.69

High Jump (since 1866)

1990	3	Roger Te Puni NZL	2.18
1997	2	Brendan Reilly	2.15
1998	=2	Brendan Reilly	
2000	1	Ben Challenger	2.22
	2	Brendan Reilly IRL	2.22
2001	1	Ben Challenger	2.17
2002	2	Ben Challenger	2.20
2003	1	Ben Challenger	2.24
2004	1	Ben Challenger	2.23
	3	Samson Oni	2.15
2005	1	Ben Challenger	2.27
	2	Samson Oni	2.20
2009	2	Samson Oni	2.24
2012	2	Samson Oni	2.24

UK Champs:

1997	1	Brendan Reilly	2.28

Pole Vault (since 1866)

1937	1	John Dodd	3.68
1946	3	John Dodd	3.58
1989	1	Mike Edwards	5.20
	=2	Ian Tullett	5.10
1990	2	Mike Edwards	5.25
1991	3	Mike Edwards	5.30
1992	1	Ian Tullett	5.30
	2	Mike Edwards	5.30
1994	=2	Mike Edwards	5.20
1995	3	Mike Edwards	5.10
1996	3	Mike Edwards	5.30
1998	3	Ian Tullett	5.35
1999	=2	Mike Edwards	5.40
	=2	Ben Flint	
2000	3	Ben Flint	5.30
2010	1	Joe Ive	5.35

UK Champs:

1985	2	Phil Lovell	4.80
1989	1	Mike Edwards	5.10
	3	Ian Tullett	5.00
1990	2	Mike Edwards	5.20
1992	1	Mike Edwards	5.30
	2	Ian Tullett	5.30
1993	2	Mike Edwards	5.30

Long Jump (since 1866)

1993	1	Fred Salle	7.72
1994	2	Fred Salle	7.60
1995	1	Fred Salle	7.66
1999	3	Darren Thompson	7.45
2000	3	Darren Thompson	7.48

2001	2	Darren Thompson	7.52

UK Champs:

1992	3	Fred Salle	7.66w
1993	2	Fred Salle	7.55

Triple Jump (since 1914)

1964	3	Derek Boosey	15.45
1967	2	Derek Boosey	15.32
1969	3	Derek Boosey	15.32
1970	3	Derek Boosey	15.21
1972	2	Rodney Heward-Mills	15.77
1993	2	Derek Browne	15.66
2001	3	Phillips Idowu	16.88
2002	1	Phillips Idowu	17.02
2005	3	Phillips Idowu	16.29w
2006	1	Phillips Idowu	17.50
2008	1	Phillips Idowu	17.58
2009	1	Phillips Idowu	17.05
2010	1	Phillips Idowu	17.12

UK Champs:
No Belgrave medallists.

Shot Put (since 1866)

1991	1	Paul Edwards	18.92
1992	1	Paul Edwards	19.08
1993	2	Paul Edwards	18.56
1994	1	Paul Edwards	18.32
1999	3	Lee Newman	16.49
2006	3	Chris Gearing	17.12

UK Champs:

1991	1	Paul Edwards	18.68
1992	1	Paul Edwards	18.77
1993	1	Paul Edwards	19.06

Discus (since 1914 except 1919)

1989	2	Abi Ekoku	56.82
1990	1	Abi Ekoku	57.58
1992	2	Abi Ekoku	58.02
1994	1	Kevin Brown	58.60
1996	3	Kevin Brown	56.76
1997	2	Kevin Brown	57.30
1999	3	Lee Newman	58.08
2003	3	Scot Thompson	52.98
2004	3	Scot Thompson	52.65
2005	3	Leith Marar	53.73

UK Champs:

1989	3	Abi Ekoku	52.52
1990	2	Abi Ekoku	56.46
1991	2	Kevin Brown	54.46
	3	Darrin Morris	52.82
1992	1	Abi Ekoku	56.42
	3	Kevin Brown	55.52
1993	1	Darrin Morris	57.70
1997	2	Kevin Brown	59.44

Hammer (since 1866)

1957	3	Percy Porter	52.32
1998	1	Mick Jones	72.13
1999	1	Mick Jones	74.25
2000	1	Mick Jones	71.51
2001	1	Mick Jones	74.40
2002	1	Mick Jones	72.26
2004	1	Mick Jones	72.04
2005	2	Mick Jones	69.60

UK Champs:

1997	2	David W. Smith	70.92

Javelin (since 1914 except 1919)

1932	3	E. Robert Turner	56.89
1933	3	G.H. Powell	49.82
1939	3	C.H. Melchior	50.01
1992	3	Nigel Bevan	81.70
1995	3	Nigel Bevan	76.58
1997	3	Stuart Faben	65.04

The specification of the javelin was changed in 1986, with the effect of reducing the distances thrown.

1989	3	Nigel Bevan	77.30

Decathlon (since 1928)

1971	3	Cliff Brooks BAR	6064
1974	3	Cliff Brooks BAR	6642
2004	1	Louis Evling-Jones	7405w
2007	3	Kevin Sempers	7363

2 miles Walk (1901-1968)

1927	2	Albert Fletcher	14:21.6 + 8 yds
1934	3	Don Brown	13:41.0 + 40 yds
1935	2	Don Brown	13:53.8
1936	3	Harry Churcher	14:02.8
1937	3	Don Brown	14:33.4
1938	3	Harry Churcher	14:11.4
1939	1	Harry Churcher	13:50.0
1946	2	Harry Churcher	14:04.6
1947	2	Harry Churcher	13:56.0
1948	1	Harry Churcher	13:49.0
1949	2	Harry Churcher	14:09.6e
1950	2	Percy Wright	15:09.8
1951	2	Gerald Gregory	14:00.8
1952	2	Gerald Gregory	14:26.0
1957	1	Stan Vickers	14:05.6
1958	1	Stan Vickers	13:33.4
1959	2	Stan Vickers	13:47.1
	3	George Williams	14:00.4
1960	1	Stan Vickers	13:02.4

3,000 metres Walk (1969-1986)

1976	2	Graham Seatter NZL	13:01.4
1977	2	Graham Seatter NZL	12:14.91
1978	3	Carl Lawton	12:41.12

1979	3	Carl Lawton	12:37.69
1980	2	Richard Dorman	12:24.45
1986	1	Murray Day NZL	12:04.0

In 1986 the 3,000m walk was actually a Race Walking Association Championship.

7 miles Walk (1866-1893)

1889	3	W. Curtis	57:22.4

4 Miles Walk (1894-1900)

No Belgrave medallists.

7 miles Walk (1901-1968)

1920	3	James Belchamber	57:36.4
1923	3	Harold King	55:46.6
1930	3	Tommy Green	54:16.4
1937	2	Harry Churcher	51:13.0
1938	3	Joe Coleman	53:36.8
1939	1	Harry Churcher	52:37.0
	3	Joe Coleman	54:32.2
1946	3	Harry Churcher	54:18.8
1947	1	Harry Churcher	52:48.4
1948	1	Harry Churcher	52:23.0
1949	1	Harry Churcher	52:41.8
1951	3	Harry Churcher	54:04.0
1956	2	Stan Vickers	52:45.2
1957	1	Stan Vickers	51:34.4
	2	Eric Hall	51:49.0
1958	1	Stan Vickers	51:10.2
	2	Eric Hall	52:14.3
1959	2	Stan Vickers	51:08.6
	3	Eric Hall	53:04.2
1962	3	Ray Middleton	53:50.4
1963	2	Vaughan Thomas	53:42.0

10,000 metres Walk (1969-2000)

1971	2	Carl Lawton	46:31.4
1976	3	Carl Lawton	45:10.0
1985	1	Murray Day NZL	43:35.3
1986	2	Murray Day NZL	42:46.92

UK Champs:

1984	3	Richard Dorman	43:34.50

5,000 metres Walk (since 2001)

2008	3	Alex Wright	22:58.21
2009	2	Alex Wright	23:20.13
2010	1	Alex Wright	20:11.09
2012	1	Alex Wright	19:48.14
2013	1	Alex Wright	19:27.39