

Top 100

Where times were set over the imperial distance of 3 miles we have used a conversion formula which assumes that the 3 mile (4828.032 metres) pace would have been maintained for the additional 171.968 metres.

	3 miles	Date of birth	Pos.	Meeting	Date of performance
13:14.28		03.07.1963	5	Weltklasse Meeting, Zürich, SUI	15.08.1990
13:24.63		14.02.1959	1	NEC Melbourne AUS	25.02.1992
13:25.38		13.04.1961	4r1	IAAF GP II, Helsinki FIN	28.06.1995
13:31.64		20.12.1977	7	Cork City Sports, Cork IRL	05.07.2003
13:35.9		14.06.1955	2	Penn Relays, Philadelphia, PA USA	27.04.1978
13:37.8		21.12.1961	3	Penn Relays, Philadelphia, PA USA	23.04.1987
13:41.78		08.07.1979	8	Melbourne Athletics GP, Melbourne AUS	21.02.2008
13:41.99		31.03.1973	8	Cork City Sports, Cork IRL	05.07.2003
13:44.4		09.12.1939	2	SCAAA Champs, Crystal Palace	12.07.1969
13:45.01		24.03.1977	4rA	BMC Nike GP, Eton	14.06.2003
				(10)	
13:45.77		20.12.1977	8	Cork City Sports, Cork IRL	06.07.2002
13:48.28		25.06.1970	1	Madison, WI USA	01.05.1993
13:49.0		16.12.1939	1	International Meeting, Paris (Charlety) FRA	04.07.1968
13:50.7		04.10.1968	3	Invitation Race, Croydon Arena	29.06.1994
13:51.86		04.11.1968	7	AAA Champs, Birmingham	15.07.1995
13:56.2	13:27.4	30.05.1936	1	Texas Relays, Austin, TX USA	01.04.1966
13:56.50		14.03.1984	2rA	BMC Nike GP Final, Crystal Palace	25.08.2007
13:57.6		25.10.1945	7	SCAAA Champs, Crystal Palace	22.06.1974
13:58.0i				<i>details unknown</i>	1974
13:58.62		02.09.1985	7rA	BMC Nike GP, Watford	11.06.2011
				(20)	
13:59.67		04.10.1981	3r2	Stanford Invitational, Stanford, CA USA	04.04.2008
14:00.09		05.03.1979	12rA	BMC Nike GP, Solihull	22.05.2004
14:02.30		31.12.1975	2A	BAL Premiership, Copthall Stadium, Barnet	05.05.2007
14:03.79		29.11.1983	6rA	BMC Nike GP, Solihull	09.07.2011
14:03.96		02.10.1977	1A	BAL Div. 1, Alexander Stadium, Birmingham	05.07.2003
14:04.33		19.02.1989	12rA	BMC Nike GP, Watford	11.06.2011
14:05.3	13:36.2	07.07.1940	15	AAA Champs, White City	15.07.1967
14:05.8		21.08.1974	1	Northumberland Castles Challenge Hexham	08.10.1997
14:06.1	13:37.0	01.05.1936	7	SCAAA Champs, Motspur Pk	19.06.1965
14:06.50		24.05.1978	2	Leon Buyle Memorial, Oordegem, BEL	04.07.2009
				(30)	
14:11.24		07.10.1962	4A	BAL Div. 1, Birmingham	21.05.1988
14:11.8		06.07.1974	10	BMC Nike GP, Watford	05.08.1998
14:16.2	13:46.8	11.07.1932	2	rep. Middlesex v. Oxford University, Oxford	23.05.1963
14:16.66i		07.05.1963	5	San Sebastian ESP	10.02.1990
14:18.5		10.04.1962	2A	BAL Div. 2, Battersea Pk	23.08.1986
14:18.92		22.12.1980	1	BUCS Champs., Olympic Pk, London	07.05.2012
14:19.53		22.03.1982	20rD	Mt. SAC Relays, Walnut, CA USA	15.04.2011
14:20.1		21.05.1962	1A	BAL Div. 3, Brighton	30.06.1985
14:21.8		03.08.1925	1	Vancouver Trophy, Woodford Bridge	15.09.1956
14:22.0			2A	Southern League Div. 1, Ilford	16.05.1970
14:22.5	13:52.8	12.09.1944	1	Victoria Pk A.C. 3m Champs., Glasgow	11.05.1965
				(40)	
14:22.83		24.05.1963	6	GRE Cup Final, Gateshead	18.08.1990
14:23.13		07.12.1962	1	GRE Cup Semi-Final, Haringey	10.08.1986
14:24.82				<i>details unknown</i>	1988
14:25.6	13:55.8	06.03.1938	4	Brockman Trophy, Wimbledon Pk	17.07.1965
14:25.8	13:56.0	27.05.1936	1	UAU Champs, Nottingham	21.05.1960
14:28.2		18.06.1934	3A	Southern League Div. 1, Luton	29.07.1972
14:28.33		29.08.1983	4rB	BMC GP, Solihull	21.07.2012
14:28.97		03.05.1989	2rA	Wake Forest Open, Winston-Salem, NC USA	21.03.2008
14:29.0		08.02.1946	1	SCAAA Open Meeting, Crystal Palace	14.05.1969
14:29.9	14:00	29.12.1930	3	Middlesex County Champs, Hurlingham	03.06.1961
				(50)	

14:30.25	Paul Freary		03.04.1968	3A	BAL Div. 1, Birmingham	31.07.1999
14:30.7	Adrian Major	14:00.8	29.04.1947		<i>details unknown</i>	1968
14:30.96	Phil Sadgrove			2A	BAL Div. 1, West London	13.08.1985
14:31.31	Steve Halliday		14.03.1968	3	GRE Cup Final, Sheffield	15.08.1992
14:32.0	John Phelan IRL				<i>details unknown</i>	1976
14:34.60	Craig Ruddy		10.04.1988	12rB	BMC GP, Watford	27.06.2015
14:35.0	John Stow		09.12.1952	2A	Southern League Div. 1, Bracknell	05.07.1975
14:35.27	Roger Alsop		16.01.1965	11	SEAA Champs, Crystal Palace	25.06.1994
14:35.4	Jonathon Blackledge		15.09.1984	2	Brighton & Hove Open Meeting, Brighton	17.08.2005
14:37.6	David North (60)				<i>details unknown</i>	1985
14:38.0	Trevor Hart		30.07.1940	7	Surrey County Champs, Motspur Pk	07.06.1969
14:38.61	Mark Pollard		25.02.1982	17rB	BMC Nike GP, Watford	11.06.2011
14:39.22	Alaster Stewart		05.10.1972	1B	BAL Div. 1, Birmingham	06.07.2002
14:39.6	Nick Goolab		30.01.1990	1A	Southern Athletics League Div. 3, Bracknell	10.08.2013
14:40	Peter Carton		21.04.1953	2	Belgrave Champs, Battersea Pk	12.07.1972
14:41.9	William E. Lucas	14:11.6	16.01.1917	4	AAA Champs, White City	15.07.1950
14:43.2	Anthony Fairclough	14:12.8	28.02.1943	h	Surrey County Champs, Motspur Pk	06.06.1968
14:43.6	Frank Ward		18.11.1957	2	Surrey County Champs, Croydon	17.05.1992
14:43.4	Charlie Dabbs	14:13.0	19.12.1937	1	Brockman Trophy Meeting, Wimbledon	20.07.1963
14:45.0	G. Williams (70)	14:14.6	14.11.1945		<i>details unknown</i>	1967
14:45.5	Richard Piotrowski	14:15.0	05.04.1947			1968
14:45.6	A Morfey					1983
14:47.48	Hassan Raidi		06.11.1976	2	Belgrave Champs, Battersea Pk	23.07.2003
14:47.8	Lionel Mann		21.09.1940	2	SCAAA Open Meeting, Crystal Palace	15.10.1969
14:48.02	Alberto Lozano De Pedro ESP		23.02.1987	1A	BAL Div. 1, Lee Valley	27.05.2012
14:48.4	G.W. "Bill" Dance	14:17.8	11.09.1936		<i>details unknown</i>	1967
14:49.27	Brad Poore		24.07.1978	5	San Francisco CA USA	10.03.2001
14:51.52	Tim Watson		28.06.1973	10	CAU Inter-Counties Champs, Bedford	30.05.2005
14:51.86	Mike Trees		26.09.1962	8A	BAL Div. 1, Copthall Stadium, Barnet	05.06.2004
14:55	J.C. "Charlie" Smart (80)		09.12.1909	1	BAOR Champs, <i>unknown venue</i> , Germany	1953
14:55.17	Richard Ward		05.05.1982	7A	BAL Div. 1, Wood Green	08.05.2004
14:55.8	Andrew North		22.02.1966	1A	Southern League Div. 2, Battersea Pk	25.05.1985
14:55.8	John Davies	14:25	25.07.1931	1	Belgrave Champs, Battersea Pk	23.07.1958
14:56.0	Anthony Binda			2B	Southern League Div. 1, Ewell Court	19.08.1972
14:56.43	Andrew Connick IRL		06.02.1987	16rA	BMC GP, Manchester SC	31.05.2014
14:57.3	George Lucas	14:26.4		5	AAA Champs, White City	03.07.1948
14:57.3	C. Shields				<i>details unknown</i>	1981
14:57.66	Charles Herrington		28.09.1971	2B	BAL Div. 1, Copthall Stadium, Barnet	06.08.2000
14:57.9	Alan Black	14:27	28.09.1939	1	Belgrave Champs, Battersea Pk	20.07.1966
14:58.6	Graham Macky NZL (90)				<i>details unknown</i>	1981
14:58.9	Chris Steer	14:28.0	16.08.1943	5	Cecil Day Trophy, Ilford	29.06.1963
15:00.67	Lee Hurst		29.7.1972	2B	BAL Div. 1, Copthall Stadium, Barnet	11.07.1999
15:01.2	Don MacLean	14:30.2	11.12.1932		<i>details unknown</i>	pre-1967
15:01.3	Will Cockerell		19.11.1973	4B	BAL Div. 1, Wigan	31.08.2002
15:01.4	Brian Hallowell	14:30.4	24.04.1931	2	Belgrave Champs	1957
15:02.2	Paul Richley		14.02.1964		<i>details unknown</i>	1983
15:03.59	Jim Estall		09.08.1954		West London	11.06.1992
15:03.6	Jack "Pat" Parker	14:32.5	07.12.1911	3	AAA Champs, White City	17.07.1937
15:03.9	Les Cohen	14:32.8	06.10.1908	7	AAA Champs, White City	08.07.1939
15:04.1	Jim Radford (100)	14:33		3	Belgrave Champs, Battersea Pk	22.07.1959

Club Record Progression

3 miles

15:45	A.D. "Micky" Pyer	1	1903	1	London Business Houses, <i>unknown venue</i>	1928
15:21	J.E. Flower		21.12.1907	1	Belgrave Champs, Battersea Pk	20.06.1928
15:08.3	J.E. Flower			1	Belgrave Champs, Battersea Pk	19.06.1929
15:06	Arthur W. Penny		30.12.1907	1	Belgrave Champs, Battersea Pk	24.06.1931
14:43	Jim Ginty	2		1	British Games, White City	01.06.1935
14:32.5e	J. "Pat" Parker	3	07.12.1911	3	AAA Champs, White City	17.07.1937
14:28.6	William E. Lucas		16.01.1917	1	SCAAA Champs, Motspur Pk	28.06.1947
14:25.0	William E. Lucas			3	AAA Champs, White City	19.07.1947
14:21.0	William E. Lucas			3	AAA Champs, White City	03.07.1948
14:11.6	William E. Lucas			4	AAA Champs, White City	15.07.1950
13:59	John W. "Jack" Brown		03.08.1925	6	SCAAA Champs, Motspur Pk	23.06.1956
13:55.4	John W. "Jack" Brown	4		1	LCC Champs., Hurlingham	08.09.1956
13:37.6	Gerald A. North		01.05.1936	2	Leyton Floodlit Meeting, Eton Manor	02.05.1962
13:33.0	Geoffrey A. North		09.12.1939	2	Leyton Floodlit Meeting, Eton Manor	05.05.1965
13:32.4	Geoffrey A. North				<i>unknown meeting</i> , St Helen's	07.08.1965
13:27.4	Malcolm Robinson		30.05.1936	1	Texas Relays, Austin, TX USA	01.04.1966
13:18.8	Geoffrey A. North			1	Inter-County Champs, White City	28.05.1966

5,000 metres

15:29.0e	William E. Lucas	5	16.01.1917	7h2	XIV Olympic Games, Wembley	31.07.1948
15:07.8	William E. Lucas			3	England v Scotland v all-Ireland, Manchester	17.07.1948
14:56.8	William E. Lucas			2	England v Scotland v all-Ireland, White City	07.08.1950
14:55	J.C. "Charlie" Smart	6	09.12.1909	1	BAOR Champs, <i>unknown venue</i> , Germany	1953
14:55	J.C. "Charlie" Smart	7		1	<i>unknown meeting</i> , Saarbrücken, Germany	1953
14:21.8	John W. "Jack" Brown		03.08.1925	1	Vancouver Trophy, Woodford Bridge	15.09.1956
13:57.6	Geoffrey A. North		09.12.1939	4	<i>unknown meeting</i> , Paris	11.06.1965
13:49.4	Geoffrey A. North			3	GB & NI v USSR, White City	18.06.1966
13:44.4	Geoffrey A. North			2	SCAAA Champs, Crystal Palace	12.07.1969
13:41.2	Gerard Deegan IRL		14.06.1955	4	AAA Champs, Crystal Palace	14.08.1976
13:37.0	Gerard Deegan IRL			2	Donore International Meeting, Dublin IRL	11.07.1977
13:35.9	Gerard Deegan IRL	8		2	Penn Relays, Philadelphia, PA USA	27.04.1978
13:30.53	Garry Staines		03.07.1963	2	AAA Champs, Crystal Palace	02.08.1987
13:20.00	Garry Staines			2	McVitie's Challenge, Crystal Palace	13.09.1987
13:14.28	Garry Staines			5	Weltklasse Meeting, Zürich, SUI	15.08.1990

¹ The Club's Championship for the "Griffin Cup" was instigated in 1928 and reports of the early races refer to the winner setting a Club Record. The only earlier result found so far for a 3 miles track race featuring a Belgrave Harrier is Micky Pyer's performance, also from 1928, although there must have been earlier track runs over the distance.

² The British Games (believed to be held on 1 June 1937) featured a 3 miles Team Race – Birchfield Harriers v Belgrave Harriers – eight a side and six to score. Birchfield pipped the Bels by 4 points.

³ Pat Parker's time was not recorded when he placed 3rd in the AAA 3 miles Championship of 1937. His time was reported within the Club as being about 14:28. We have taken the line of the National Union of Track Statisticians (NUTS) who have recorded that performance as 14:32.5 (estimated).

⁴ A time of 13:52.45 has previously been recorded as a 3 miles Club Record set by Jack Brown in September 1956 – no other details known. We now believe this to be a conversion of the 14:21.8 that he set when winning the Vancouver Trophy 5,000m race on 15.09.1956. It is therefore now shown correctly in the 5,000m section.

⁵ Bill Lucas' time in his Olympic heat was not taken. The NUTS have recorded it as an estimated 15:29.0.

⁶ British Army of the Rhine Championships.

⁷ Charlie Smart is reported to have run 14:55 on two separate occasions while serving with the Forces in Germany. A 14:51 timing with no known date has been mentioned but we have found no trace of it at all.

⁸ Gerard Deegan was definitely a member of Belgrave Harriers in 1976 and 1977. He spent a year on a scholarship in the USA at Providence College in 1978 and his membership status during this period is not clear; but as he hadn't joined another UK club we have shown his 13:35.9 time from that year as an advance in the Club Record. In any case, no other Belgravian beat his 13:37.0 until Gary Staines' day. Previously we have recorded David Swain's 13:37.8 from 1987 (see top 100) as a club record but Deegan's 1977 time of ten years earlier obviously contradicts that.